

COOCH BEHAR PANCHANAN BARMA UNIVERSITY

B.A. Honours 3rd Semester Examinations, 2022 Under New Syllabus

PHILOSOPHY

BASICS OF COUNSELLING

SEC-1

Time Allotted: 1 Hour 30 Minutes			Full Marks: 30	
		The figures in the margin indicate full marks.		
1		Answer any one question from the following:	$15 \times 1 = 15$	
	(a)	Discuss in detail the need for counselling following Nelson and Jones.	15	
	(b)	What do you mean by neutrality in psychotherapy or counselling? What are the moral dilemmas centering round it? Discuss.	5+10	
	(c)	Discuss the core conditions of counselling following Carl Rogers.	15	
2		Answer any one question from the following:	$10 \times 1 = 10$	
	(a)	What is listening? Discuss in brief the different types of it.	3+7	
	(b)	Discuss any two responses of a counsellor.	5+5	
3		Answer any <i>one</i> question from the following:	$5 \times 1 = 5$	
		Why is 'trustworthiness' regarded as an essential quality of counselling?	5	
	(b)	What is assertive communication?	5	

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